



Tyler Smith

Biographical Information

Tyler Smith grew up in Lake Bluff, IL and was highly involved in sports and numerous extracurricular activities throughout junior high and high school. A 2002 Penn State graduate (Telecommunications), Tyler was a 3-year starter on the men's basketball team and was an Academic All-American. He played a key role during Penn State's 2001 NCAA Sweet 16 March Madness run when they knocked off North Carolina en route to PSU's best season in almost 50 years. Following his graduation from Penn State, Smith played professional basketball for 11 years in the U.S. and overseas from 3rd world countries to the NBA. His travels took him to 7 countries (Holland, Italy, Uruguay, Argentina, USA, Japan, Thailand) on 4 continents as he played for 12 different teams.

Tyler now lives in State College, PA and owns a company called CryoZone that offers Whole Body Cryotherapy. He also works for a medical device company called Zimmer Biomet. He is blessed to be surrounded by ladies at home with Cara (wife), Hannah (10), Lexi (5), and Tori (3). He hopes his girls look more like mom each day."

Smith recently wrote about his journey as a pro basketball player in his book *Called For Traveling: My Nomadic Life Playing Pro Basketball Around The World*. It's funny and relatable. One does not need to be a sports fan to enjoy Smith's story. He writes in a conversational manner, making *Called For Traveling* a fast read.